January-2018

Served Daily BREAKFAST-PK Monday- Cereal - toast-Tuesday- Pancake-syrup- Wednesday-cereal- toast-Thursday- Yogurt-grahams- Friday-cereal, toast, served every day with- fruit, juice,& 1% low fat white milk. **BREAKFAST K-8th**-Choice of Entrée', cereal, fruit, toast, raisins, juice, 1% low fat white milk, or Fat free Chocolate milk. Must take at least 3 items one being a fruit or juice, to be reimbursable meal. **LUNCH-PK**- Entree' and all sides including 1% Low fat white milk. **LUNCH -K-8th** Choice of Entree' or Sub, baked chips, 1/2 cup fruit, fat free mayo, mustard, with sides. Must take at least 3 items one being a fruit orjuice, to be a reimbursable meal. Fat free chocolate milk, 1% or 2% fat free white milk or OFFERED DAILY- half cup of veggies (carrots, 1 oz fat free ranch)	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
	8 Breakfast-Biscuit & sausage--fruit Lunch-Burrito-corn-salad-ranch-salsa-fruit	9 Breakfast- Pancake-syrup-fruit Lunch-Chicken Qusedilla-pinto beans-salsa-salad-ranch-fruit	10 Breakfast-Muffin-fruit Lunch-Spaghetti-garlic toast-green beans-fruit	11 Breakfast-Yogurt-grahams-fruit Lunch-Chicken nuggets-mac & cheese-glazed carrots- bread-Ketchup fruit	12 Breakfast-Scrambled eggs-toast-fruit Lunch-Hotdog-tater tots-ketchup-fruit
	15-Breakfast-Biscuit & sausage-fruit Lunch-BBQ Rib-baked beans-scalloped potatoe-bread-fruit	16Breakfast-Blueberry muffin-fruit Lunch-Chicken alfredo-carrots-garlic toast-fruit	17Breakfast-Yogurt &grahams-fruit Lunch-Pizza-salad-ranch-corn-fruit	18 Breakfast-Pancake on a stick-syrup-fruit Lunch-Cowboy soup-grilled cheese sandwich-fruit	19 Breakfast-Scrambled eggs-toast-fruit Lunch- Chick on a bun-fries-mayo-lettuce&tomato-fruit
	22 Breakfast-Donut-fruit Lunch-Ravioli-garlic toast-broccoli & cheese-fruit	23Breakfast-Pizza-fruit Lunch-Turkey Roast-gravy-potatoes-bread-fruit - green beans	24 Breakfaast-Oatmeal toast-fruit Lunch-Burrito-salsa-corn-pinto beans-ranch-fruit	25 Breakfast-Yogurt & grahams-fruit Lunch-Chicken nuggets mac&cheese-glazed carrots-bread-fruit ketchup	26 Breakfast-Pancakes-syrup-fruit Lunch-Hotdog-tater tots-ketchup-mustard fruit-
	29 Breakfast-Scrambled eggs-toast-fruit Lunch-Chicken fajita-salsa-salad-ranch-pinto beans-fruit	30 Breakfast-Pancake on a stick-syrup-fruit Lunch-Catfish-tarter sauce-huspuppies-ketchup-fruit-baked beans	31 Breakfast-Biscuit & sausage-fruit Lunch-Pizza-corn-salad-ranch-green beans-fruit		

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